

Loyola University Maryland

Employee Assistance Program

The Employee Assistance Program (EAP) provided to you by < WZ offers a variety of resources to assist you, your household members and dependent children at no out-of-pocket expense to you. By calling one number, 08765-0770, you can access < WZ EAP Clinicians who can review the benefits described below and assist you in utilizing the resources that can address your need.

Benefits / Services Include The Following:

1 to 6 Face-to-Face Assessment and Counseling Sessions available per issue at an office convenient to your home or where you work. < WZ has developed an extensive network of counselors in your community and across the country so you can easily get the help you need. Our counselors are all licensed and have experience in a broad range of personal, family and work related concerns. Among other things, the EAP can help you with:

- x Work/family life issues
- x Emotional issues
- x Parenting issues

HelpLink.com - is an interactive web based life management tool that employees can use to help with a variety of life problems, search for child and eldercare resources, and access a library of legal and financial forms and articles. The self-help tools built into WHelpLink help individuals clarify problems and plan ways to resolve them independently. To access the service log on to www.helplink.com and enter your company code "LOYOLA".

24-Hour Crisis Counseling Employees, dependents and their household members who need an immediate response for crisis counseling or after hours assistance can call twenty four hours a day, seven days a week to confidentially discuss your concerns.

Confidentiality – Confidentiality is essential. All discussions between you and your EAP professional are confidential. Information regarding your contact with EAP cannot be released without your written consent, except in the following situations: by court order, imminent threat of harm to self or others, or in situations of abuse (such as child or elder abuse).

The services offered through the EAP are provided at no cost to employees with no deductibles or co-pays. However, if you are referred to additional resources for help and you elect to use those resources, the resulting fees and co-payments, if any, would be your responsibility. You will want to check your benefit plan for coverage of those services.

FOR CONFIDENTIAL ASSISTANCE CALL 800-765-0770